Fluorescence-guided thoracic surgery

Shota Nakamura^, Masaki Goto, Toyofumi F. Chen-Yoshikawa

Department of Thoracic Surgery, Nagoya University Graduate School of Medicine, Nagoya, Japan

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Correspondence to: Toyofumi F. Chen-Yoshikawa, MD. Department of Thoracic Surgery, Nagoya University Graduate School of Medicine, 65 Tsurumai-cho, Showa-ku, Nagoya 466-8550, Japan. Email: tyoshikawa@med.nagoya-u.ac.jp.

Abstract: Recently, the use of sublobar resection has become increasingly common for patients that were previously planned to undergo lobectomy. We encountered two challenges when performing sublobar resections for patients with small pulmonary nodules; one challenge was obtaining a sufficient surgical margin and the other was identifying the location of the nodules, especially in minimally invasive surgery. In recent years, indocyanine green (ICG) fluorescence has been used to solve these two problems in thoracic surgery: first, identifying the accurate intersegmental plane in anatomical lung segmentectomy for detecting the regions of residual pulmonary blood flow, and second, displaying the tumor location or optimal resection line intraoperatively as ICG virtual-assisted lung mapping (ICG-VAL-MAP). The purpose of this article is to present a review of the outcomes of fluorescence-guided thoracic surgery, and also our techniques in minimally invasive surgery using ICG fluorescence. We showed that patients received anatomical pulmonary resection that identified the intersegmental or interlobar plane using ICG guidance in video-assisted thoracic surgery (VATS) or in robot-assisted segmentectomy. We also showed that patients received pulmonary wedge resection, displaying the tumor location intraoperatively using ICG. Furthermore, we introduced a technique of preoperative transbronchial lung marking for small lung nodules called ICG-VAL-MAP. Fluorescence guidance in minimally invasive thoracic surgery makes it possible to ensure a safe surgical margin and identify the intersegmental line and location of the nodules accurately.

Keywords: Anatomical segmentectomy; fluorescence-guided thoracic surgery; indocyanine green (ICG); minimally invasive thoracic surgery; indocyanine green virtual-assisted lung mapping (ICG-VAL-MAP)

Introduction

Small pulmonary nodules that could not previously be detected with conventional radiography have become identifiable at earlier and potentially more curable stages because of the introduction of low-dose helical computed tomography (CT) in lung cancer screening (1,2). When planning surgical resection for patients with small nodules, surgeons face several issues, such as obtaining a sufficient surgical margin and identifying the location of the nodules.

For patients with small nodules, anatomical pulmonary segmentectomy has become an increasingly common option instead of lobectomy. Although sufficient surgical margins are available by anatomical segmentectomy compared with wedge resection, the intersegmental plane is at times difficult to identify accurately. An incomplete

^ ORCID: 0000-0002-1865-0867.
intersegmental line can result in congestive lung or ventilatory mismatch. Additionally, another problem for patients with small nodules was the difficulty of identifying the tumor location. Preoperative or intraoperative marking techniques have become necessary for the resection of nonpalpable small nodules.

In recent years, indocyanine green (ICG) fluorescence has been used to solve the following two problems in thoracic surgery: first, identification of the accurate intersegmental plane in anatomical lung segmentectomy for detecting areas of residual pulmonary blood flow (3-5) and, second, displaying the location of the tumor or optimal resection line intraoperatively as ICG virtual-assisted lung mapping (ICG-VAL-MAP) (6). Herein, we introduce images and videos that describe the features of surgery using the new ICG technology in the field of minimally invasive thoracic surgery.

Identification of the intersegmental or interlobar plane

**Case 1: ICG guidance in video-assisted thoracic surgery (VATS) anatomical segmentectomy**

The present case had one nodule on the left side of the lung; the tumor was a metastatic lung tumor in the central position of S6, measuring 0.7 cm in size. We planned left S6 anatomical segmentectomy for the patient. An operation was performed with a 3-port VATS. Ligation and dissection of the corresponding bronchovascular branch to the S6 segment were performed in the beginning. Subsequently, ICG was reconstituted using distilled water to prepare a 2-mg/mL solution, and 3 mL was injected using a peripheral intravenous catheter; next, 10 mL of sterile normal saline was added. We used infrared endoscopic equipment. The scope was 10 mm in diameter and had a 30° rigid scope. After the change from white-light mode to ICG mode using a foot control panel, the surgical field was visualized with the integrated fluorescence imaging capability. The target segment, which was isolated from the pulmonary vasculature, showed no fluorescence and was dark. The remaining portion of the lung, perfused with ICG, turned fluorescent blue. Subsequently, we identified the true intersegmental plane as the line that separated the dark and blue lung parenchyma. Next, the true plane was marked using cautery and stapled across to complete the lung parenchyma division (Video I). The postoperative course of the patient was event-free, and the surgical margin distance between the tumor and staple line was 2.1 cm.

**Case 2: ICG guidance in robot-assisted segmentectomy**

The present case had two nodules on the right side of the lung; the main tumor was present in the middle lobe, diagnosed as a typical carcinoid tumor measuring 1.5 cm in size (Figure 1A), and another in the central position of the S8 segment, measuring 0.7 cm in size, without a confirmed histopathological diagnosis (Figure 1B). We planned an S8
anatomical segmentectomy with a middle lobectomy for complete resection. High-resolution computed tomography (HRCT) was performed preoperatively. Using the HRCT data, we performed a three-dimensional simulation using simulation software (Volume analyze Synapse Vincent; Fujifilm Medical Systems, Tokyo, Japan) for the right middle lobectomy. The tumor was near the upper lobe (minor fissure). The yellow arrow shows the location of the tumor.

Case 3: identification of the interlobar plane in robot-assisted lobectomy

For the present patient who had a pulmonary metastasis in the middle lobe, a right middle lobectomy was planned. The tumor was near the upper lobe (minor fissure), and the patient has an incomplete interlobar line; therefore, the interlobar plane must be accurately identified to obtain sufficient surgical margin (Figure 2). The operation was performed on the Da Vinci Xi (Intuitive Surgical, Sunnyvale, Calif) robot platform using the completely portal 4-arm approach and a near-infrared vision (NIF) light source, Firefly fluorescence imaging camera (Intuitive Surgical). In the beginning, the ligation and dissection of the corresponding bronchovascular branch to the middle lobe was performed. After the ICG injection, the surgical field was visualized with the integrated fluorescence imaging capability of the Firefly camera. The true interlobar plane was then identified as the line separating the dark lung parenchyma from the green lung parenchyma. The true plane was then marked by cautery and stapled by cutting into the right upper lobe largely beyond the marked interlobar line (minor fissure) to ensure a sufficient surgical margin (Video 3). The postoperative course of the patient was event-free, and the surgical margin distance between the tumor and the staple line was 2.5 cm.

Display of the tumor location intraoperatively using ICG

Case 4: identification of the tumor location in pulmonary metastasectomy

The present patient was diagnosed of having a recurrent hepatoblastoma with solitary pulmonary metastasis. The tumor was identified in the left lower lobe. In this patient, ICG was applied during the resection of the metastatic lesion using the Medical Imaging Projection System (MIPS;
Moreover, 24 hours before the surgery, ICG was administered intravenously at a dosage of 0.5 mg/kg. Intraoperatively, the projection mapping technique revealed the lesion clearly, and no other lesions were detected in the left hemithorax. The MIPS projected the real-time fluorescent image on the lung surface during the surgical procedure (Figure 4). A left basal segmentectomy was performed with the guidance of ICG fluorescent imaging. The MIPS confirmed that no remnant tumor remained after the resection. The cut surface of the tumor also emitted ICG fluorescence.

**Preoperative transbronchial lung marking for small lung nodules**

**Cases 5 and 6: VATS anatomical segmentectomy for small lung cancers**

VAL-MAP was developed by a Japanese group to identify small pulmonary nodules during surgery (7). In the last decade, the use of VAL-MAP as a standard procedure in daily practice has spread in Japan. However, it has several drawbacks, such as difficulty in dye identification on post-mapped preoperative CT (Figure 5A) and during surgery (Figure 5B). To solve this problem, a new method, ICG-VCL-MAP, was developed by Chen-Yoshikawa et al. (6). In ICG-VAL-MAP, a virtual bronchoscopy navigation system (Synapse Vincent; Fujifilm Medical, Tokyo, Japan) was used to identify the target bronchi that would reach the designed marking points and to plan bronchoscopic procedures. Three makings were set to indicate the lesion for the present patient. After planning with a virtual bronchoscopy, an actual bronchoscopy was performed under sedation and local anesthesia on the day, before the surgery. For better visualization, ICG in addition to a contrast agent, instead of indigo carmine, was injected while confirming fluoroscopically that the tip of the catheter had reached the visceral pleura. Thereafter, we performed another CT scan after the mapping to confirm the location of markings. The CT image after ICG-VAL-MAP was reassembled to form three-dimensional images, including the target marking and lesion. A wide wedge resection was performed using VATS. One patient (Case 5) had a small solid nodule in the right upper lobe (Figure 6A). Preoperatively, the tumor was marked using VAL-MAP (indigo carmine) and ICG-VAL-MAP (ICG and contrast agent; Figure 6B). Near-infrared endoscopy was used to visualize the ICG markings. Intraoperatively, the marking was easily identifiable in green on near-infrared thoracoscopy, and the tumor was resected using VATS with sufficient surgical margin (Video 4). The tumor was diagnosed pathologically as an adenocarcinoma. The other patient (Case 6) had a small nodule in the right upper lobe, which was planned for S2 anatomical segmentectomy.

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**Figure 3** The images show the MIPS. At 24 hours before the surgery, ICG was administered intravenously. In the left hemithorax, the projection mapping technique clearly revealed the lesion. The MIPS showed the real-time fluorescent image on the lung surface during the surgery. The arrows show the medical imaging projection imaging system. MIPS, Medical Imaging Projection System; ICG, indocyanine green.

**Figure 4** The image shows the nodule of the left lower lobe that was detected using the MIPS. The MIPS revealed the real-time fluorescent image on the lung nodule surface during the metastasectomy for hepatoblastoma. MIPS, Medical Imaging Projection System. The white arrow shows the lung metastatic nodule.
Preoperative mapping (ICG-VAL-MAP) was performed transbronchoscopically (Figure 7). Under the guidance of ICG mapping, the tumor was resected using VATS right S2 segmentectomy with a sufficient surgical margin and diagnosed pathologically as adenocarcinoma (Video 5).

**Discussion**

For patients with small lung nodules, intentional sublobar resection is considered on the basis of the recent evidence (6,8). Furthermore, out of the increasing number of patients that gain long-term survival after initial surgery, some have opportunities to receive a second surgery. These patients who are indicated to undergo a second surgery or had severe comorbidities, are given the option to undergo a sublobar resection for negative reasons. In recent years, sublobar resection has become an increasingly common option for cases previously planned for lobectomy. We encountered
two issues when performing sublobar resections for patients with small pulmonary nodules, of which, one was obtaining a sufficient surgical margin and the other was identifying the location of the nodules, especially in minimally invasive surgery. To solve these two problems, a new surgical technique using ICG fluorescence was introduced (6).

ICG has been widely used in surgery for several organs (i.e., hepatic segmentectomies). In the thoracic field, ICG was used for identifying sentinel lymph nodes or tumor localization initially (3-5). With regard to conditions in the esophagus, ICG is used to prevent the complication of chylothorax during esophagectomy, which is performed to identify the thoracic duct (9). In the mediastinum, although identification of mediastinal tumors or lymph node metastases is attempted, these techniques remain in the basic experimental stage and have not yet been used in daily practice (10,11). While a large uptake of ICG was reported in pulmonary metastases such as hepatoblastoma (12), ICG uptake is generally recognized to be nonuniform in pulmonary metastases from other organs (13). Thereafter, ICG for thoracic surgery was introduced as a technique to detect organ blood flow (14).

Traditionally, when thoracic surgeons detect the intersegmental plane, they used two intraoperative tools, visual inspection and manual palpation, and target segmental inflation to detect the intersegmental plane. However, in patients with emphysema, the intersegmental line is often difficult to determine precisely. Furthermore, when the surgical view is limited, such as during minimally invasive surgery; the inflated lung could affect the procedure. As an alternative to these conventional methods, the ICG technique introduced herein on the basis of our experiences is extremely useful for identifying the intersegmental or interlobar plane accurately, with advantages in minimally invasive pulmonary resection (14-16). Using preoperative three-dimensional simulation combined with ICG technique, we could perform a safe and curative anatomical segmentectomy under VATS or robot-assisted surgery. Furthermore, in this review, we present a video of our ingenuity in identifying the interlobar plane accurately using ICG in patients with invisible interlobar lines.

ICG-VAL-MAP has evolved as a tool for thoracic surgeons to use in the resection of peripheral small nodules. Various methods have been developed to help identify the location of such small nodules (6,17). However, conventional marking techniques, such as CT-guided percutaneous marking using a hook wire, have serious complications, including pneumothorax, hemorrhage, and the potentially fatal air embolism (18,19). These complications could be avoided using ICG-VAL-MAP. This technique is the latest technology that can be applied in VAL-MAP procedures. Although VAL-MAP plays important roles in navigation and localization for the lung resection (20,21), identification of the marking on CT images after VAL-MAP is sometimes difficult. Failure to identify the markings would make lung resection planning challenging, including setting the cutting lines and ensuring sufficient surgical margin. To overcome this weak point, VAL-MAP was revised as ICG-VAL-MAP and developed to add a CT contrast to the dye agent. ICG-VAL-MAP was superior in terms of visibility on preoperative CT and providing accurate information intraoperatively. The method enabled surgeons to perform

Figure 7 Preoperative CT images. The target nodule is located in the right upper lobe. Preoperative mapping by ICG-VAL-MAP was performed, and the markers are located in the intersegmental plane using ICG and contrast agent. The arrows indicate locations of marker by ICG-VAL-MAP. CT, computed tomography; ICG, indocyanine green; VAL-MAP, virtual-assisted lung mapping.
a safe and reliable resection of small nodules.
In the future, we can expect that tumor cells will be marked using ICG navigation (22). Establishment of this method will enable the detection of tumor localization and identification of the presence of lymph node metastases and lymphatic network. It will also allow better lung preservation without compromising the curability as compared with the current standard procedures.

Conclusions

With fluorescence-guided thoracic surgery in minimally invasive surgery, a safe surgical margin length could be obtained and the segmental line and tumor location could be accurately identified.

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Footnote

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