Valve sparing root replacement with the reimplantation technique in patients presenting with acute type A aortic dissections

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Abstract: Patients presenting with acute type A aortic dissections (ATAAD) comprise an extremely heterogeneous population. While a majority are older and suffer from chronic disease states, a non-insignificant minority are relatively healthy without long standing aneurysmal or aortic valve pathology. Selection of an appropriate proximal and distal operation can affect short- and long-term morbidity and mortality as well as the need for valve reintervention. In regard to management of the root, surgeons must be aggressive when indications for replacement—such as a sinus tear, aneurysmal degeneration, or friable tissue—are evident. In experienced centers, it is reasonable to proceed with a valve-sparing procedure in well selected patients. The risks and benefits of this decision must be considered carefully as a root replacement with either a biologic or mechanical prosthesis is preferred over a poorly executed valve sparing procedure. However, if the latter is approached in a standardized fashion with attention to the patient's overall acuity, cardiac function, and aortic valve leaflet mobility, reproducible outcomes can and should be expected. Accordingly, we present our approach to valve sparing root replacement with the reimplantation technique in ATAAD. The following review includes a case-based discussion and video depiction of our technique, including safe and reliable cannulation methods for bypass, cerebral protection strategies, and a structured approach to critically appraise the valve prior to repair.

Keywords: Acute type A aortic dissection (ATAAD); valve sparing root replacement; antegrade cerebral protection (ACP)

Case scenario
A 41-year-old female with a medical history of hypertension and active tobacco use presented to an outside facility with acute onset chest and back pain. A CT angiogram demonstrated an acute type A aortic dissection (ATAAD) that extended from the root to the bilateral iliac arteries with a possible tear at the sinotubular junction. She was promptly transferred straight to the operating room at our hospital where a transesophageal echocardiogram (TEE) confirmed the findings of the CT scan. Notably, she had a low-normal ejection fraction, a dissection extending to the right and non-coronary cusps, and involvement of the innominate and right common carotid arteries with preserved flow. The following narrative and associated video will outline our approach to a valve sparing root replacement with the reimplantation technique.

Preoperative assessment
Prior to sternotomy, the CT scan and TEE are reviewed...
to characterize the root and arch anatomy in addition to the cardiac function and any valvulopathies present. It is critical to identify abnormalities such as an aberrant right subclavian which could be catastrophic if missed during right axillary cannulation for antegrade cerebral protection (ACP). In regards to aortic valve function, a valve sparing approach is undoubtedly simplified in cases of isolated central regurgitation with near normal leaflet motion (El Khoury type I) as complex cusp repairs might be ill-advised in the context of an ATAAD. An astute anesthesiologist can provide the surgeon with critical information regarding the nature of the dissection and possible involvement of the sinus segment, valve, and coronary arteries. Patients are excluded from a valve-sparing procedure if they are of advanced age, present in extremis with a complex dissection or have poor cardiac function.

### Cannulation strategy

There are a variety of techniques that can be employed in order to safely institute cardiopulmonary bypass in patients presenting with an ATAAD (1). As aforementioned, the CT scan will not only provide relevant information regarding the entry tear and relationship between the true and false lumens but it will also recognize involvement of peripheral vessels which might be utilized for cannulation (i.e., axillary or femoral vessels). Alternatively, the aorta can be cannulated directly over a wire with the assistance of TEE (1,2). Following successful cannulation, the aorta is cross-clamped and the heart arrested with a combination of retrograde and direct ostial cardioplegia. The patient is then cooled to a core temperature of 28 °C.

### Evaluation of the root

If arrest is not obtained with administration of ostial cardioplegia, or if the patient presents with an ECG consistent with myocardial ischemia, coronary malperfusion (~7% of cases) should be immediately suspected. The most commonly utilized classification system includes: type A lesions in which the dissection creates a false lumen in close proximity to the coronary ostium, type B lesions in which the false lumen extends into the actual body of the coronary artery, and, finally, type C lesions in which there is an evulsion of the coronary artery (3). Repair strategies span from sandwich repair with inside and outside sutures in type A lesions to bypass grafting in type C lesions (3). Regardless of whether the root requires an intervention or not, recognizing a coronary injury is critical to ensure appropriate myocardial protection throughout the operation.

Often times, despite a dissection extending into the sinus of Valsalva, the root can be managed with valve resuspension, felt neo-media reconstruction, and supra-coronary tube graft placement (in addition to any required arch interventions) (4). If, however, the patient presents with an aneurysm of, or primary dissection tear in, the sinus segment or a syndrome with a predilection towards root degeneration (i.e., Marfan’s), a definitive root procedure should be considered.

In cases in which the valve is not salvageable (i.e., chronic fenestrations or calcifications, commissural disruption, or leaflet pathology), it is best to proceed with a composite valve graft reconstruction. Otherwise, a valve-sparing root replacement can be entertained. The following will outline the reimplantation technique as initially described by Dr. David.

### Preparation and dissection of the root

In order to access the free margin length, cusp mobility, and coaptation, traction sutures are placed above each commissure (will be utilized later to re-suspend the functional aortic annulus inside the Dacron graft). The root is then circumferentially dissected down to the ventriculo-aortic junction, which can be challenging in ATAAD as there is typically dense hematoma due to local perforation. Each sinus segment is excised leaving 8–10 mm of residual aortic tissue attached to the annulus and commissures. Coronary buttons are fashioned with adequate aortic tissue remaining around the ostia. The leaflet geometric height (from insertion in the annulus at its nadir to the tip of the leaflet edge) is then assessed and divided by 0.7. This value should roughly correlate to the annular dimension obtained with a Freestyle sizer (Medtronic, Minneapolis, MN) and approximate the annular diameter needed for appropriate leaflet coaptation. If there is a major discrepancy between the two, additional leaflet work, such as plication, might be necessary. To select the appropriate sized Valsalva graft (Terumo, Sunrise, FL), a value of five is added to the annular diameter as measured by the sizer. In cases of baseline aortic valve insufficiency, it is recommended to downsize rather than upsize the graft.

### Primary suture line

Once the appropriate graft has been selected, the
primary suture line is constructed with a braided suture, approximately 4–6 mm below the annulus, roughly at the level of the ventriculo-aortic junction. The stitches are placed as a horizontal mattress from inside of the aorta out. In trileaflet valves, 4 stitches are placed equidistantly in each sinus segment being mindful to never span the nadir or a commissure within a stitch. The skirt of the graft is then trimmed, leaving 1 ring below the ‘Valsalva’ portion of the Dacron. The graft is then notched at the left-right commissural junction to accommodate the right ventricular outflow tract and the sutures are placed inside out at the most proximal aspect of the graft (Figure 1). The graft is then lowered towards the ventriculo-aortic junction by applying equal tension on all of the sutures. The stitches are then sequentially tied, securing the graft below the annulus, with care not to tear the muscle (Figure 2).

Special considerations in bicuspid valves

For the most part, the major principles of a valve sparing root procedure in a trileaflet valve also translate to the unique situation of a bicuspid aortic valve (BAV). Typically, the annulus is slightly larger in BAV cases, but the Dacron graft is sized similarly to as described above. The BAV classification has been described extensively, but two important considerations are worth noting—Sievers type 0 and type 1 valves (5). In the former, 4 horizontal mattress sutures are placed below each sinus segment, at the level of the ventriculo-aortic, to comprise the primary suture line. In the latter, 4 horizontal mattress sutures are placed below the reference leaflet and 4 below the fused leaflet with 2 being placed on each side of the raphe. It is important to note that with Sievers type 0 bicuspid valves, the leaflets can ‘billow’ despite a coaptation plan above the annulus. It is unclear what, if any, impact this will have on long-term valve durability. The secondary suture line is completed in an identical fashion as outlined above.

If there is lack of coaptation following valve-resuspension, a variety of repair strategies can be entertained. If there is excess free margin (prolapse) and a coaptation plane below the reference point, a central plication or triangular resection can be entertained. In cases of a restricted leaflet with a fibrotic raphe, the dense tissue can be shaved or resected and closed to augment mobility. Some centers have described bovine pericardial patch repair of valves with large pseudocommissures but these techniques should only be employed by experienced surgeons, especially in the context of an ATAAD (6).

Valve resuspension and secondary suture line

Tension is applied to the previously placed commissural sutures to determine the appropriate resuspension height required to ensure valve competence and they are tied in
Figure 3 Secondary suture line. (A) Three sets of double-armed prolene sutures are placed through the graft and residual aortic tissue starting at the nadir of each cusp. A rough schematic of the secondary suture line is constructed on the graft material to use as a guide when placing each stitch. (B) Each suture is continued towards its corresponding commissure where it is secured, effectively creating six independent suture lines.

Figure 4 Valve sparing root reconstruction and hemiarch replacement. Following circulatory arrest and the necessary arch replacement, the distal and proximal Dacron segments are anastomosed.

Coronary artery reimplantation

A burner is employed to create a generous defect in the Valsalva graft, and the left coronary button is secured with a 5-0 prolene suture. Volume is left in the heart in order to locate the appropriate spot on the graft for creation of the right coronary anastomosis.

Arch intervention

Once the core temperature reaches 28 °C, circulatory arrest is initiated and the patient is exsanguinated. Of note, EEG will be symmetrical but not silenced. The distal ascending aorta and arch are inspected carefully in order to identify any tear sites. If the innominate is not dissected, a 9 Fr cardioplegia cannula is placed directly into the artery. If the tear extends up the cervical vessels, antegrade cerebral perfusion is administered with a balloon tipped catheter. Depending upon the extent of arch involvement, the appropriate distal procedures is performed with felt neo-media reconstruction of the dissected aorta. The graft and cerebral circulation are de-aired, cardiopulmonary bypass is re-instituted, and a cross-clamp is applied (7). A graft-to-graft anastomosis is then performed to create an ascending aortic length of 5–6 cm without distortion of the root which might adversely affect valve competence or coronary perfusion (Figure 4).

Comments

ATAAD confers considerable morbidity and mortality as
well as a unique set of complex surgical challenges (8,9). While both the proximal and distal aorta require a strategic approach, the former is germane to this discussion. As aforementioned, there are several options to manage the proximal aorta in order to mitigate short- and long-term complications, such as rupture and re-operation. The appropriate strategy depends on the extent of sinus/valve involvement, baseline characteristics of the root, and surgeon familiarity with advanced repair strategies. Multiple prior studies have demonstrated that the need for a root replacement does not alter mortality in this cohort of patients (10,11). The valve-sparing approach offers a unique platform for a durable repair without the inherent limitations of a composite valve graft and can be reliably performed with excellent outcomes in high volume centers (12-15).

In a recent report, Tanaka and colleagues present their findings of 328 consecutive patients undergoing repair of an ATAAD. Approximately 9% (30 patients) required a root replacement and, in a majority, the valve was successfully spared (24 patients). The authors had an aggressive approach to pursuing a valve-sparing procedure and were not deterred by fenestrations or commissural disruption. Freedom from ≥ moderate aortic insufficiency and valve reintervention were both approximately 82%±10% at 5 years. Nearly half of the patients presented with detached commissures, which were repaired with buttressed sutures and, in most, either GRF glue or BioGlue. Interestingly, 3/7 patients treated with GRF glue re-presented for commissural detachment and required reoperation (12). Similar results were evident in a study of ATAAD patients by Leshnower et al. (13), who demonstrated a slightly higher incidence of root interventions (40%) overall. In the cohort of patients undergoing a valve-sparing procedure, 90% and 94% had ≤1+ aortic insufficiency upon chest closure and on follow-up (mean 40 months), respectively. Moreover, no patients required subsequent valve replacement. Subramanian compared results amongst ATAAD patients managed with composite valve grafts and one of two valve sparing techniques (reimplantation or remodeling). There was no statistical difference in perioperative or 5-year mortalities and the need for valve reintervention was only 7.5% in the valve sparing cohorts at a mean follow-up of 44 months (14).

In order to ensure excellent results in this challenging population, an algorithmic approach must be exacted. First, the proximal aorta must be managed appropriately with either a repair (valve resuspension and felt neo-media) or a replacement (composite valve graft or valve sparing procedure). The decision to proceed with a reimplantation must be weighed against the probability of a successful operation given the presence of fenestrations, cusp retractions/calcifications, commissural pathology or eccentric jets.

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Footnote

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